

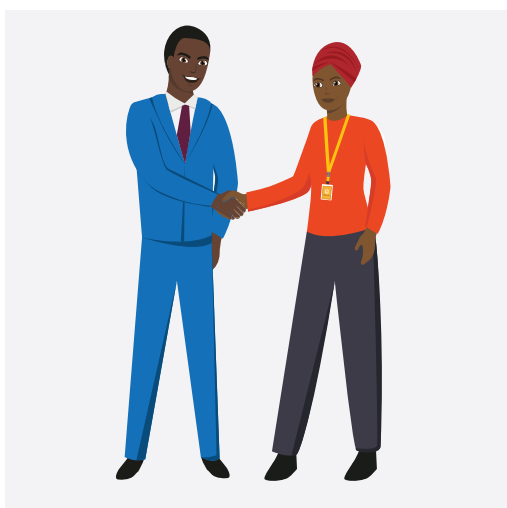
What is safeguarding?



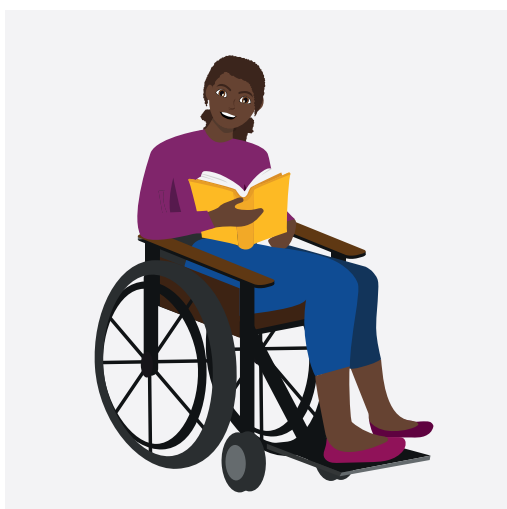
Easy read



About this leaflet



We are called Sightsavers.



The information in this leaflet is for you and your organisation.

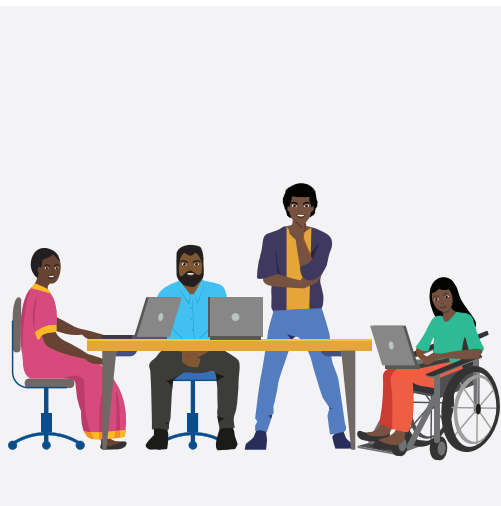
The information will help you to talk about keeping the people who you work with safe.



That means keeping people safe from bad things that other people might do.



When we keep people safe it is called **safeguarding**.



The information will help you to write a plan for your organisation about how to keep people safe.

The plan is called a **safeguarding policy**.

Some bad things that people might do



Some people might do bad things to other people.

For example, they might:

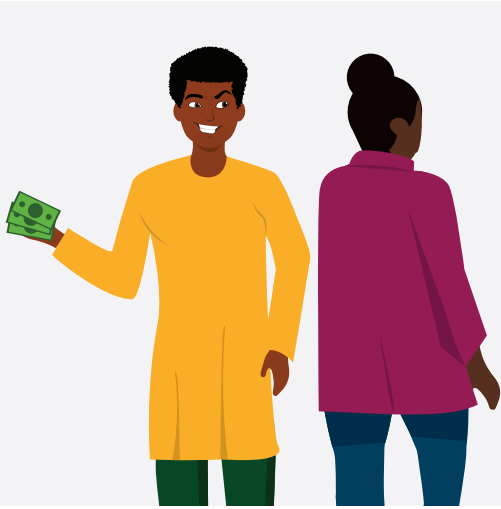
- Hit someone or push someone.



- Touch someone's body when they do not want to be touched.
- Try to make someone have sex or do sexual things.



- Say mean things to someone that make them feel sad or scared.

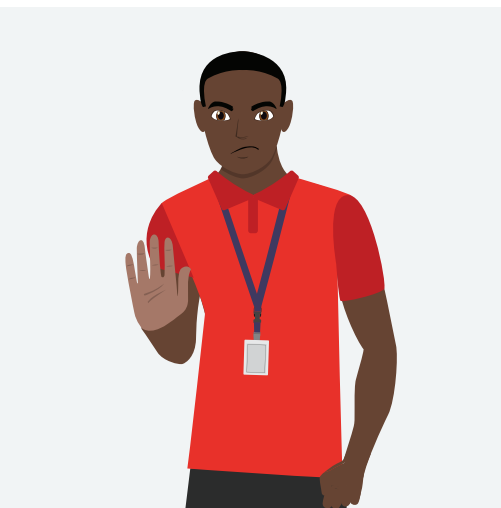


- Make someone work for free without paying them any money.
- Take money or things from someone without asking them first.



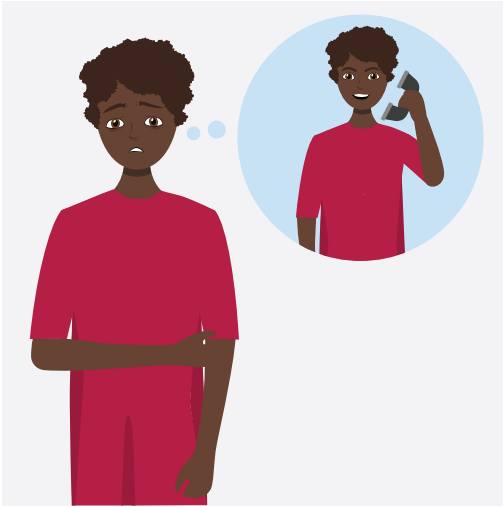
Doing things like this is wrong.

It can make people feel sad, scared and unsafe.

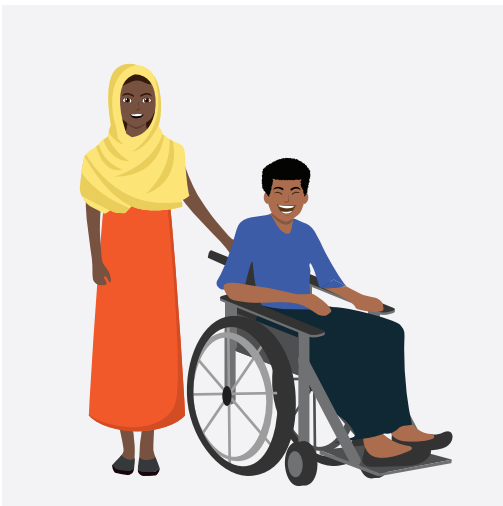


We must try to stop bad things like this happening to people.

We must help to keep people safe.



We must help people to know what to do if they feel scared or unsafe.



This will help everyone you work with to feel happy and safe.

That includes women and people with disabilities.



What should a person do if they feel unsafe or worried about what someone is doing?

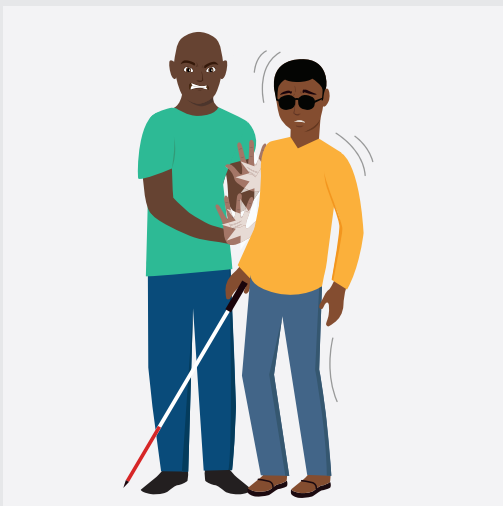
Tell an adult they trust as soon as they can.

Some words that you might need to know



Safeguarding

This is about keeping people safe from bad things that other people might do.

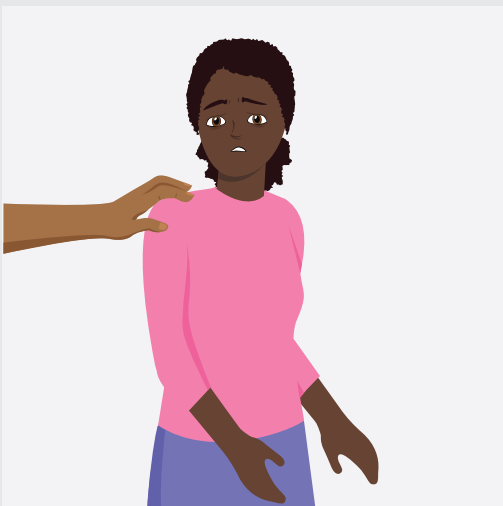


Abuse

Abuse is when people do things to hurt people or make them feel bad.

That could be many things, such as:

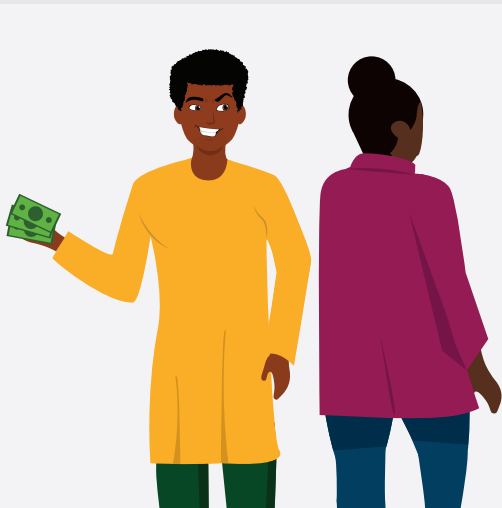
- Hitting or hurting someone.



- Trying to touch someone's body when they do not want to be touched.



- Leaving someone on their own without the care they need.



- Making someone work for free without paying them any money.
- Taking money or things from someone without asking them first.

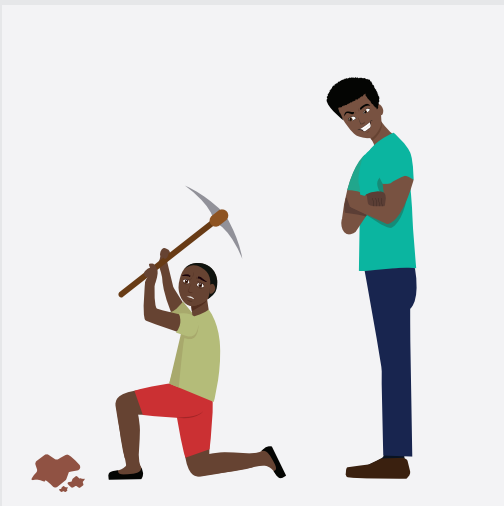
Abuse might also be called **harm**.



Exploitation

This is when someone makes you do something that you do not want to do.

They do that to get something for themselves.



For example, someone might make you work for free.

That helps them to make money for themselves.

We are Sightsavers.

We work to stop people losing their sight when they do not need to.

We also work to make life better for people with disabilities.

We work with organisations in different countries to do that.

Sightsavers plan to keep people safe

www.sightsavers.org/safeguarding

Tell Sightsavers about a problem

www.sightsavers.org/speak-up

Our website is:

www.sightsavers.org

Our email is:

info@sightsavers.org

Our phone number is:

01444 446 600

Or +44 1444 446 600 from outside the UK.

@Sightsavers



Sightsavers